



TE ARAWA SWIMMING

Calling all children and adults who love swimming. If you are interested in becoming a member of our club and you are looking for squad swimming sessions we would love to help find the right fit for you. We can provide options to improve general fitness, waterpolo fitness, training for masters and triathletes, and pathways into open water, para swimming and competitive swimming. Our partner *United Aquatic Sports* will be supplying the coaching services - led by the experienced Henk Greupink.

Get in touch to find out more.

Email Henk for coaching: uas.swimming@gmail.com

Email Jacqui for club info: tearawaswimming@gmail.com

