

# MIGS Holiday Programme

July 6<sup>th</sup> – 17<sup>th</sup> 2026



Mid-Island  
Gym Sports

**Book online  
now**

[www.migs.co.nz](http://www.migs.co.nz)



## Daily Schedule

- 8.00-9.30 Intro and Games
- 10.00-10.30 Skill Time
- 10.30-11.00 Morning tea
- 11.00-11.30 Free play
- 11.30-2.30 Daily activity and lunch
- 2.30-3.00 Quiet games  
(SHORT DAY ends)

3.15-5.15 Afternoon tea and play

Please note: We reserve the right to alter the daily schedule depending on enrolled numbers

## What to bring



Drink bottle



Socks for tramp



Lunch and snacks



Comfy clothes

PLEASE NAME EVERYTHING!

## Week 1 Programme

|             |                     |
|-------------|---------------------|
| MON 6 JUL   | Circuits day        |
| TUES 7 JUL  | Equipment day       |
| WED 8 JUL   | Fun in the kitchen  |
| THURS 9 JUL | Jumping day         |
| FRI 10 JUL  | CLOSED FOR MATARIKI |

## Daily Cost

8AM - 3.00PM **\$45**

8AM - 5.15PM **\$55**

## Oscar Subsidies available

OSCAR Forms required at least 2 weeks prior to holiday start  
20% deposit required to secure place  
Terms and conditions apply  
email [admin@migs.co.nz](mailto:admin@migs.co.nz) for more info

## Week 2 Programme

|              |                            |
|--------------|----------------------------|
| MON 13 JUL   | Craft day                  |
| TUES 14 JUL  | Teams and challenges       |
| WED 15 JUL   | Fun in the kitchen         |
| THURS 16 JUL | Rhythmic and roll          |
| FRI 17 JUL   | Shared Lunch and Movie day |

## Pop-Up Classes

TUES 7<sup>TH</sup> - RHYTHMIC

Ball and Hoop throw and catch

TUES 14<sup>TH</sup> - FLIPPING WORKSHOP

Learn to flip on the trampolines

\$5 Extra when attending Holiday Programme.

\$15 for class only

email [admin@migs.co.nz](mailto:admin@migs.co.nz) to book a space

# TERMS AND CONDITIONS



Please do not send your child if they are unwell.

**PAYMENT IS REQUIRED AT THE TIME OF BOOKING TO SECURE THE SPACES.**

All bookings are online through our website. [www.migs.co.nz](http://www.migs.co.nz)

Any changes to days/times of bookings, require 48hrs notice and can only proceed if staffing ratios allow. **ADMIN FEES MAY APPLY.**

An adult must sign the children 'In & out' each day as authorised on the enrolment form. Alternate adult consent forms are available upon request.

Parenting orders: please email them to [admin@migs.co.nz](mailto:admin@migs.co.nz)

We have set ratios for staff & children. There are no refunds for change of mind. If your child is ill, a Medical Certificate must be provided to receive a refund, less an admin fee. (Payments cannot be transferred to any other MIGS activities/classes.)

We are OSCAR approved. Those eligible for this subsidy, must have their forms into us at least 2 weeks prior to the holidays start date and pay the deposit required.

Email [accounts@migs.co.nz](mailto:accounts@migs.co.nz) for any OSCAR queries

Online bookings remain open once the programme is underway, but are subject to space.

We have a strict disciplinary policy. If you have a child with behavioral issues, please make yourself aware of these policies.

Children are to bring morning tea & lunch, a named water bottle and afternoon tea for 5.15pm pickups. They need to wear clothing suitable for active play and bring socks for trampoline use.

We ask that children do not bring phones or other mobile devices for safety reasons, if brought along, they will be put away safely until pickup time.

## **Collection, use and storage of personal information**

1. When you become a member of, or participate in MIGS activities, MIGS will need to collect some personal information from you (or family/whanau of children). It may also collect other information needed to perform its functions, or where required by law.
2. Personal information may include your contact details and any other personal information that you provide. For participants, this may also include performance results and health/medical information.
3. MIGS may collect this information directly from you with your permission, or from the regional organisation and/or national organisation to which MIGS belongs, other organisations which are affiliated to it, for example Gymnastics New Zealand.
4. Using personal information. MIGS will never sell your personal information.
5. Employees of MIGS may have access to your personal information to do their work. The access to your personal information is limited to what is necessary.
6. Agents and subcontractors of MIGS may have access to personal information needed to do their work but may not use it for any other purposes.
7. MIGS may be required to share your personal information with the community, regional and/or national organisations it belongs to, other organisations which are affiliated to it that you belong to or have applied for membership, for example Sport New Zealand.
8. Your personal information may be used:
  - (a) for MIGS activities and operations
  - (b) to consider an employment or volunteer application
  - (c) to amend records to remove or update personal information
  - (d) for other everyday business purposes
  - (e) to comply with the law; or protect our rights, property, or safety

For further information please see our website or email: [migsholidayprogramme@outlook.co.nz](mailto:migsholidayprogramme@outlook.co.nz)

You will find us on Te Ngae Road, (next to the Soccer fields) Rotorua.