

# Understanding Sensory Needs

for Parents & Teachers

If you know a Child or Student who falls into overwhelm more often than you'd like... its likely they have high sensory needs...

In this 2 hour workshop you will learn how to:

- Easily identify their Sensory Needs
- What a Sensory diet is & how to use one
- Practical Tips and activities to help meet their sensory needs
- Ways to Calm, and Prevent Overwhelm
- And loads more.

TICKETS

\$15

(free for Kaharoa School Community)

7.30 pm

TUES 11TH AUG

KAHAROA SCHOOL HALL OR ZOOM



email [kyliej@kaharoa.school.nz](mailto:kyliej@kaharoa.school.nz) for tickets

HEARTCENTRED  
coach